



The Thrive 25 Women's Conference is a transformational two-day event designed to empower professional women to elevate their careers, align with their purpose, and build financial prosperity. Hosted by Dr. Kiki Ramsey, a renowned positive psychologist and executive coach, this immersive experience brings together dynamic speakers, dynamic panels, and powerful networking opportunities. Attendees gain actionable strategies to thrive in both life and work—making it an ideal professional development investment for companies committed to advancing women in leadership, boosting workplace well-being, and fostering inclusive growth.

### Schedule at a Glance\*

#### Saturday, July 12, 2025

Session	Speaker(s)
Morning Session - How to Tap Into Your Purpose	Dr. Kiki Ramsey
Lunch	
Afternoon Session - How to Elevate Your Career and Business	Dr. Kiki Ramsey
Afternoon Session - Panel: Women Who've Done It – Elevating Your Career Stories	Chelsey Parkinson, Erika Amoro, Dr. Gail Crowder, and Tawawn Lowe
Dinner Break	
Evening Session - Wellness Panel	Ronald Sutton, Yinka Ajirotutu, and DeMarco Williams
Evening Session - Dance Jams	DeMarco Williams

#### Sunday, July 13, 2025

Session	Speaker(s)
Brunch	
Praise & Worship	
The Inspirational Message	Pastor April Farmer
Morning Session - Harmony Over Hustle: How to Achieve Work-Life Integration	Dr. Kiki Ramsey
Afternoon Session - How to Boost Your Earning Potential	Chelsey Parkinson, Erika Amoro, and Dr. Gail Crowder
Afternoon Session - Empowered Goal Setting Panel: Designing Your Path to Success	Chelsey Parkinson and Tawawn Lowe
Afternoon Session - Thrive Forward: Living a Life of Purpose, Power & Prosperity	Dr. Kiki Ramsey

\*Schedule subject to change.